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*Friends' Asylum for the Insane, (front view.)*

# Seventy-Third Annual Report

OF THE MANAGERS OF

## FRIENDS' ASYLUM FOR THE INSANE.

ESTABLISHED, 1813.—INCORPORATED, 1888.

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PUBLISHED BY DIRECTION OF THE CORPORATION, THIRD MONTH, 1890.



PHILADELPHIA:

PRINTED BY WILLIAM K. BELLOWS,  
S. W. corner Fourth and Apple Tree Streets.

1890.

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1890/91

## OFFICERS OF THE INSTITUTION.

PRESIDENT,—Samuel Morris, Olney P. O., Philadelphia.

SECRETARY,—Thomas Scattergood, No. 22 North Front Street.

TREASURER,—Caleb Wood, No. 524 South Second Street.

### M A N A G E R S.

John C. Allen, No. 335 South Fifth Street, and No. 119 Sout Fourth Street.

Samuel Morris, near Olney, (Twenty-Third Ward, Philadelphia.)

Elliston P. Morris, Germantown, and No. 21 North Seventh Street.

Samuel Emlen, Germantown, and No. 631 Market Street.

Francis R. Cope, Germantown, and No. 1 Walnut Street.

James Whitall, Germantown, and No 410 Race Street.

Henry Haines, No. 518 Pine Street, and No. 512 Walnut Street.

Edward Bettle, Camden P. O., New Jersey.

John H. Webster, Kensington and Indiana Avenues, Philadelphia.

William Evans, Moorestown, N. J., and No. 252 South Front Street.

Richard J. Allen, No. 455 Marshall Street, and No. 1124 Market Street.

Thomas Scattergood, No. 3515 Powelton Avenue and 22 North Front Street.

Caleb Wood, No. 914 Pine Street, and No. 524 South Second Street.

Edward Bettle, Jr., No. 2907 Chestnut Street, and No. 512 Walnut Street.

Alexander C. Wood, Camden, N. J.

William Scattergood, West Chester, Pa.

James Emlen, Germantown.

George S. Webster, Frankford, Philada.

Charles S. Taylor, Burlington, N. J., and No. 110 North Twentieth Street.

Samuel Biddle, S. W. corner Twelfth and Chestnut Sts. and 1429 Arch St.

CLERK OF THE BOARD OF MANAGERS,—Edward Bettle, Jr.  
No. 514 Walnut Street.

PHYSICIAN AND SUPERINTENDENT,—John C. Hall, M. D.

ASSISTANT PHYSICIAN,—H. A. Tomlinson, M. D.

GYNÆCOLOGIST,—Anna M. Broomall, M. D.  
No. 1411 Walnut Street, Philadelphia.

MATRON,—Sarah H. Dutton.

MANAGERS OF THE ALUM FOR 1890—91.

CLASSED TO VISIT THE ASYLUM WEEKLY ON SEVENTH-DAYS.

<i>From 3d month 10th to 4th month 14th.</i>	{ Francis R. Cope, Samuel Morris, Thomas Scattergood.
<i>" 4th month 14th to 5th month 12th.</i>	{ Thomas Scattergood, Edward Bettle, James Emlen.
<i>" 5th month 12th to 6th month 9th.</i>	{ Edward Bettle, James Emlen, William Scattergood.
<i>" 6th month 9th to 7th month 14th.</i>	{ James Whitall, Samuel Biddle, William Scattergood.
<i>" 7th month 14th to 8th month 11th.</i>	{ James Whitall, Samuel Biddle, John H. Webster.
<i>" 8th month 11th to 9th month 8th.</i>	{ John H. Webster, Richard J. Allen, George S. Webster.
<i>" 9th month 8th to 10th month 13th.</i>	{ Richard J. Allen, John C. Allen, George S. Webster.
<i>" 10th month 13th to 11th month 10th.</i>	{ John C. Allen, Henry Haines, Alexander C. Wood.
<i>" 11th month 10th to 12th month 8th.</i>	{ Henry Haines, William Evans, Alexander C. Wood.
<i>" 12th month 8th to 1st month 12th, 1891.</i>	{ William Evans, Samuel Emlen, Charles S. Taylor.
<i>" 1st month 12th to 2nd month 9th.</i>	{ Charles S. Taylor, Samuel Emlen, Elliston P. Morris.
<i>" 2nd month 9th to 3d month 9th.</i>	{ Elliston P. Morris, Francis R. Cope, Samuel Morris.

The Seventy-Third Annual Report  
OF THE  
MANAGERS OF FRIENDS' ASYLUM  
FOR THE INSANE.

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TO THE CORPORATION:—

THE Managers present herewith their Seventy-third Annual Report.

The number of patients under care during the year is given in the Report of Dr. John C. Hall, Superintendent. The average number is somewhat less than in the previous year. This is partly accounted for by the fact that Gurney Cottage was given up in the Fifth month last, thus somewhat reducing the extent of our accommodations.

In the course of the past year, two patients have received the benefit of the Jesse George free bed, and two patients those of the Joseph E. Temple free bed.

Dr. William Evans resigned his position as Assistant Physician, and left the Asylum Fifth month 8th, 1889, to enter upon the practice of his profession. He had been engaged with us for a period of

four years, during which time he had given faithful and acceptable service, and the Board accepted his resignation with regret.

Dr. H. A. Tomlinson was appointed to succeed Dr. Evans and entered upon his duties Sixth month, 12th, 1889.

On recommendation of our Superintendent, Dr. Anna E. Broomall, of Philadelphia, was appointed Gynœcologist to the Asylum and has acceptably performed her duties, during the past year.

There have been no other changes in the offices.

As stated in our last Report, owing to the sale of the property and the new owner desiring possession, Gurney Cottage was closed on the 1st of Fifth month last. This adjunct to our Institution has been extremely valuable to it and very useful to the patients who have partaken of its advantages, and the Board hopes that, at no distant day, similar provision may be made at some point on the sea coast. The endowment of such a home, to be under our management, available for convalescent patients and for a class of patients for whom an Insane Asylum is not the most suitable place, would be a beneficent investment of money. It will be difficult, without an endowment for the purpose, for the Asylum to maintain such a home.

Mention has been made, in the last two Annual Reports, of the need of a new building for the purpose of recreation and employment.

We are glad to report to the Corporation that the Trustees of the estate of the late Ruth Anna Cope informed the Board, in the Fifth month last, that they were willing to defray the cost of the erection of a suitable building to be used as a Gymnasium and Employment Hall for our patients. The Board gratefully accepted this most valuable gift and the building is now approaching completion. It is built of stone and is situated on our front lawn near the women's Ward, to the north-west of the house. The first floor is divided into several well-lighted rooms, which are to be used as draughting and modelling rooms, and for other kinds of employment, for both men and women. The Gymnasium, a beautiful room, 31 by 51 feet, occupies the second floor. It has a lofty ceiling and is lighted by numerous large windows. Here will be placed suitable apparatus for promoting the health and physical development of the patients. Besides these rooms, the whole of the cellar or basement (on one side, it is above the ground) can be utilized for other work-shops, as the building is heated by steam from our steam plant.

The need of suitable facilities for employment has long been felt and it is believed that the Gymnasium will also prove itself most valuable. The attention of medical specialists is now directed to gymnastic exercises with the aid of proper apparatus, as likely to be most useful in the treatment of nervous and insane patients.

We look with great interest and hopefulness of suc-

cess to this feature, and trust that the expectation of the donors, and our own, not only for the increased physical health of our patients but for their mental improvement, through this means, may be in a good degree realized.

Now that the above want has been supplied, perhaps the most pressing need of the Asylum is an Out-Ward for excitable patients of both sexes. This should be located at a sufficient distance from the buildings to avoid the disturbing effect of these patients upon the other inmates, and should contain dining rooms and kitchen, besides sleeping rooms and cheerful well-lighted sitting rooms. The wards now occupied by this class of patients, on each side of the house, could be utilized, at little expense, for dining rooms. The present dining rooms, could be turned into pleasant rooms for additional patients. The erection of the proposed building, would, therefore, be of threefold advantage.

Samuel Morris, President of the Corporation, having left Philadelphia, for a religious visit in foreign countries, with the prospect of a long absence, the Board, in Fifth month last, appointed Francis R. Cope, President, *pro tempore*.

A summary of the Treasurer's account for the past year, duly audited by a committee appointed for the purpose, accompanies the report. The auditing committee, have, also, examined the securities in the custody of the Treasurer and found them correct.

The Superintendent and other officers of the Institution have been faithful in the discharge of their duties during the past year, and we believe that a good degree of success has crowned their labors.

The Annual Report of the Superintendent is submitted herewith, and we refer to it for the customary statistics and for other information.

On behalf of the Board of Managers.

JOHN E. CARTER,

CLERK.

*Philadelphia, Third Month 10th, 1890.*

*Summary of the Treasurer's Account.*

RECEIPTS.	PAYMENTS.
To balance on hand Third mo. 1, 1889, -	\$2,487 61
Receipts at the Asylum, Third mo. 3, 1889,	
to Second mo. 10, 1890, -	74,867 92
Legacies of	
William B. Cooper, \$15000 00	
Joseph B. Cooper, 1000 00	16,000 00
Income from Investments, -	3,870 10
Investments, paid off, -	1,422 50
Received from Dr. John C. Hall, Sup't,	1,000 00
do     on account of sale of timber, -	375 00
	<hr/>
	\$100,023 13
	<hr/>
	By payments at the Asylum Third mo. 11, 1889,
	to Second mo. 10, 1890, -
	Investments, -
	Loans and Interest paid, -
	Payments account Free Beds, Annuities, &c.,
	Taxes, Water Rents, Culverts and Repairs to
	Real Estate, Sixth Ward and Luzerne Co.,
	Pennsylvania. -
	Treas'r's Assistant, Conveyancing and Janitor,
	Balancee Third mo., 1, 1890, -
	<hr/>
	\$100,023 13
	<hr/>
	CALEB WOOD, Treasurer.

Examined and found correct.

Total cash balance on hand being \$1,843 26.

The securities were also produced, examined, and found correct.

CHARLES S. TAYLOR,  
WILLIAM SCATTERGOOD,  
} Auditing Committee.

*Philadelphia, Third mo. 6, 1890.*





*Avenue approaching Asylum.*



*South Front of Asylum.*

## SUPERINTENDENT'S REPORT.

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The Seventy-third Annual Report of the Asylum is herewith presented to the Board of Managers.

At the time of my last report there were one hundred and fourteen patients under care, fifty-four of whom were men, and sixty were women. Nineteen men and twenty-five women have been admitted since, making one hundred and fifty-eight who have received the benefits of the Institution during the year. Twenty-eight men and twenty-one women have been discharged, and three men and six women have died, thus leaving one hundred patients on our list at the present time, forty-two of whom are men, and fifty-eight are women. The monthly average was one hundred and seven.

Of those discharged twenty-four were restored, twelve were much improved, five were improved and eight were stationary.

Of those discharged restored two were under care four weeks, five between four and eight weeks, nine between two and three months, three between three and six months, three between six and nine months, one twenty months, and one eight and one-half years.

Of those who died one man had been under care three years and died from exhaustion due to paresis, one woman died from marasmus, one woman from exhaustion due to old age and senile dementia, one woman died from heart failure during an attack of influenza, three women died from cerebral effusion and two men from progressive brain disease.

The following statistical tables have been prepared, presenting the cases which have been under care since the opening of the Institution.

TABLE I.—Showing the number of each sex discharged, their condition at the time of discharge, the number at present in the House, and the whole number received since the opening of the Institution.

	<i>Men.</i>	<i>Women.</i>	<i>TOTAL.</i>
Discharged—Restored,	518	483	1,001
" Much improved,	111	114	225
" Improved,	147	151	298
" Stationary,	223	220	443
Died,	192	172	364
Remaining,	42	58	100
Total,	1,233	1,198	2,431

TABLE II.—Showing the duration of Insanity in 2,431 cases so far as recorded.

	<i>Men.</i>	<i>Women.</i>	<i>TOTAL.</i>
Less than one year,	727	711	1,438
From 1 to 5 years,	333	299	632
" 5 " 10 "	61	82	143
" 10 " 20 "	48	43	91
" 20 " 30 "	24	23	47
" 30 " 40 "	1	12	13
" 40 " 50 "	9	10	19
Unknown,	30	18	48
Total,	1,233	1,198	2,431

TABLE III.—Showing the sex and civil state of 2,431 cases, so far as recorded.

	<i>Men.</i>	<i>Women.</i>	<i>TOTAL.</i>
Single,	487	457	944
Married,	596	534	1,130
Widowed,	64	142	206
Unknown,	86	65	151
Total,	1,233	1,198	2,431

TABLE IV.—Showing the ages of 2,431 patients at the time of their admission.

		<i>Men.</i>	<i>Women.</i>	<i>TOTAL.</i>
Under 20 years,	-	73	68	141
From 20 to 30 years,	-	349	307	656
" 30 " 40 "	-	283	289	572
" 40 " 50 "	-	205	219	424
" 50 " 60 "	-	184	160	344
" 60 " 70 "	-	90	90	180
" 70 " 80 "	-	42	49	91
" 80 " 90 "	-	7	15	22
" 90 " 100 "	-	0	1	1
Total,	-	1,233	1,198	2,431

TABLE V.—Showing the residence of 2,431 patients.

Pennsylvania,	-	-	1,799	<i>Brought forward,</i>	-	2,402
New Jersey,	-	-	295	South Carolina,	-	4
Maryland,	-	-	87	Georgia,	-	3
Delaware,	-	-	63	West Virginia,	-	6
New-York,	-	-	43	Illinois,	-	2
Virginia,	-	-	28	Texas,	-	2
North Carolina,	-	-	23	Michigan,	-	1
Ohio,	-	-	18	California,	-	1
Massachusetts,	-	-	14	Wisconsin,	-	1
Indiana,	-	-	5	Mississippi,	-	1
Louisiana,	-	-	5	Minnesota,	-	1
Missouri,	-	-	5	Indian Territory,	-	1
Rhode Island,	-	-	4	Utah,	-	1
Canada,	-	-	5	Florida,	-	1
Alabama,	-	-	3	Kansas,	-	1
District of Columbia,	-	-	3	Kentucky.	-	2
West Indies,	-	-	2	Colorado,	-	1
<i>Carried forward,</i>	-	2,402		<i>Total,</i>	-	2,431

TABLE VI.—Showing the per-cent-age of recent and chronic cases restored.

		Less than 12 months.	More than 12 months.	TOTAL.
Number Admitted,	- -	1,433	998	2,431
" Restored,	- -	845	146	991
Per cent-age Restored,	- -	58.96	14.62	40.76

TABLE VII.—Showing the occupation of 1,233 male patients, so far as recorded.

Farmers,	253	Brought forward, 783	Brought forward, 861
Merchants,	80	Plumbers,	Ship Carpenters,
Clerks,	103	Coopers,	Farrier,
Tanners&Curriers,	26	Segar-makers,	Coachman,
Physicians,	27	Salesmen,	Surveyor,
Teachers,	16	Potter,	R. R. Employees,
Carpenters,	17	Shop-keepers,	Liquor Dealers,
Lawyers,	17	Coach-trimmer,	Nailer,
Students,	20	Cashier of Bank,	Cobbler,
Manufacturers,	21	Saddler,	Ship Smith,
Druggists,	16	Engravers,	Whip Maker,
Inn-keepers,	11	File-cutter,	Wood Carver,
Masons,	15	Brush-maker,	Iron Moulder,
Blacksmiths,	10	Dyer,	Gas Fitter,
Operators,	24	Carmen,	Finisher of goods,
Artists,	8	Brewer,	Fisherman,
Printers,	14	Overseer,	Miner,
Sailors,	4	Gardeners,	Agents,
Butchers,	13	Hatters,	Policemen,
Clergymen,	5	Wheelwrights,	Turner,
Planters,	3	Livery-stablekeeper,	Architect,
Jewelers,	3	Contractors,	Janitor,
Painters,	8	Booksellers,	Marble Cutter,
Cabinet-makers,	4	News Carriers,	Conveyancer,
Tailors,	7	Reporter,	Ice Dealer,
Engineers,	5	Plasterer,	Boiler Maker,
Brokers,	7	Tinners,	Milkman,
Shoemakers,	6	Confectioners,	Barber,
Laborers,	15	Gold-beater,	Bricklayer,
Publishers,	2	Watch-case maker,	Musician,
Machinists,	8	Watch-maker,	Gentlemen,
Dentists,	2	Sexton,	Ranchman,
Navy Officers,	2	Bookbinders,	None,
Grocers,	2	Telegraph Operators	63
Silversmiths,	2	Paper-hangers,	Unknown,
Millers,	7	Bakers,	Total, 1,233
<i>Carried forward, 783</i>		<i>Carried forward, 861</i>	

TABLE VIII.—Showing the cause of Insanity in 1266 cases.

	<i>Men.</i>	<i>Women.</i>	<i>TOTAL.</i>
Ill-health,	77	157	234
Intemperance,	130	9	139
Domestic trouble,	34	90	124
Puerperal,	0	72	72
Loss of property,	38	8	46
Excitement about religion,	7	22	29
Organic disease of the brain,	26	15	41
Anxiety,	60	51	111
Disappointment,	15	34	49
Masturbation,	39	3	42
Epilepsy,	28	16	44
Over-exertion,	68	33	101
Abuse of opium,	5	12	17
Blow on the head,	29	2	31
Fear,	4	4	8
Grief,	10	47	57
Old age,	8	13	21
Jealousy,	2	3	5
Excessive study,	3	1	4
Sudden wealth,	1	2	3
Insolation,	8	2	10
Syphilis,	20	2	22
Hardship and exposure,	4	0	4
Nostalgia,	1	2	3
Use of tobacco,	1	3	4
Healing of ulcer,	1	0	1
Poison of lead,	2	0	2
Extreme pain,	1	0	1
Spiritualism,	2	1	3
Chorea,	0	1	1
Prolonged lactation,	0	2	2
Exposure to sun,	4	1	5
Paralysis,	2	3	5
Excitement,	1	0	1
Shock,	1	1	2
Uncontrolled passion,	1	0	1
Injury to spine,	0	1	1
Abortion,	0	1	1
Want of occupation,	1	0	1
Menopause,	0	8	8
Septicemia,	0	1	1
Exhaustion,	1	1	2
Pneumonia,	0	1	1
Cocaine Habit,	1	0	1
Arrested Development,	0	1	1
Chronic Indigestion,	2	0	2
Uterine Disease,	0	1	1
Neurasthenia,	1	0	1
Total,	639	629	1266

To keep pace with the demands for better accommodation for the insane, and the best mode of treating our patients, naturally leads to modifications and changes in pre-existing plans. In classification, there is to be considered, not only the separation of the quiet patients from those more disturbed, but the proper arrangements for the care of the recent acute cases demanding Hospital treatment, and the care of those milder forms of mental disease who may as yet be on the border land of Insanity, all of whom require diversity in accommodations which should be studied for the benefit of the patients.

With this end in view, it may be said that the Managers of the Asylum have endeavored to enlarge the usefulness of the Institution by adopting such plans as were thought best for those placed under their care.

The alterations made in the internal arrangements of the wards during the past few years have added materially to the means for a better classification, and with the same end in view further changes and additions are contemplated by the erection of detached buildings for the more excited class of patients so soon as the necessary means can be secured for the purpose.

The establishing of a branch house at the sea shore for the care of convalescent patients from the Asylum, and the admission of mild cases of mental disease, and kindred nervous disorders, who demand for their best interest a quiet home, with facilities for medical care and good nursing, may be considered a step for-

ward, and it was proven by our four years experience, that such arrangements could be carried out to the great advantage of the patients.

It was stated in last year's report that the lease of Gurney Cottage would expire in the Fifth month, and it was thought best for the present to discontinue our annex by the sea. In bringing this part of our work to a close, it was with a feeling of regret that our patients were deprived of the advantages offered by this house. To those who were admitted directly there from their homes, the loss of a place like this is perhaps much greater, as it was to this class a retreat which was resorted to in the early and more curable stage of mental disease. It was found, too, that in thus enlarging our sphere of usefulness we did not infringe upon the good work done at the Asylum. I can but hope that the success met with in conducting this Convalescent Home may stimulate us to renewed exertions, and that at no distant day some way may be opened for again establishing a branch at the sea shore on a more enduring basis.

Through the liberality of the executors of the late Ruth Anna Cope, there has been erected, on our front lawn, a Gymnasium and Industrial Hall 35 ft. by 55 ft. (outside measure) built of granite, pointed, and covered with a roof of slate.

The first floor is divided into five rooms, two of which, at one end of the building, will be devoted to the women patients and the remaining three to the men.

This floor is entered by two doors opening from a

porch which extends the entire front of the building; between these doors are two toilet rooms.

The Gymnasium occupies all of the second floor, and is reached through a tower stairway on the west end of the building, with an entrance from the front porch. This hall is 31 ft. by 51 ft. with a high ceiling lined with yellow pine boards and a wainscoating of the same material, the side walls being covered with plaster with a sand finish.

The building is heated by steam furnished from our boiler house.

The rooms on the first floor are intended to furnish ample accommodation for the employment of patients, a want long felt and which we now confidently hope will be the means of doing great good to many of our inmates. In former years, we have had, at different times, a class composed of both sexes engaged in art work, such as modelling in clay, painting, &c.: in addition to this, as great a variety of other employment as will be found beneficial will be introduced.

We shall, also, look to the Gymnastic Hall for good results from the systematic physical exercise which can be carried on. Our thanks are due to those who have so generously placed before us such ample accommodations.

During the year we have had the usual course of illustrated lectures under the care of the assistant physician, which have been duly appreciated by the inmates.

A lecture fund started this winter has assumed such proportions as to enable us to secure the services

of lecturers for the purpose of entertaining our patients, which in addition to the course mentioned has given a variety that has been both interesting and instructive.

It is a pleasure to report the continuance of our weekly tea parties, where a limited number of the patients are invited in rotation to take tea with the officers, and during the evening an additional number join them in our large reading room to participate in the various amusements selected for the occasion. These opportunities are quite enjoyed and are looked forward to by many.

The usual number of periodicals and daily papers are to be found upon our ward tables, and the numerous parlor games are within reach of those who will make use of them. At various times during the year, we have had general parties for the patients, when many of our friends come in to visit us and have taken part in the entertainment for the occasion. For the kindness of all who have in any way assisted us, we desire to express our thanks.

Dr. William Evans resigned his position as Assistant Physician in the Fifth month, last, in order to engage in general practice. His place has been filled by Dr. H. A. Tomlinson, who has been attending to the duties with satisfaction.

Dr. Tomlinson's former experience in general practice makes him well qualified for his work.

Dr. Evans carries with him in his new field of labor the best wishes of his friends at the Asylum.

Our thanks are due to Dr. E. P. Williams, of

Atlantic City, who continued to attend at Gurney Cottage until its close.

Dr. Anna E. Broomall has made several visits during the year when her services were required on behalf of our female patients.

The position of Matron remains filled by Sarah H. Dutton whose attention to the affairs of the household and her interest in the patients give the best proof of her efficiency.

The duties of clerk have continued to be carefully performed by Margaret H. Scott.

The general interest in the welfare of the Institution which has been manifested alike by officers and employees has been such as to give evidence, with but few exceptions, of their efficiency and usefulness.

With a feeling of renewed interest in our work, we enter upon another year with the hope that our efforts will continue to be blessed.

Very respectfully,

JOHN C. HALL,

*Superintendent.*

*Frankford, Philad'a, Third Month, 1st, 1890.*

## INFORMATION RESPECTING THE ADMISSION OF PATIENTS INTO THE ASYLUM.\*

The Institution is open for the reception of all classes of the Insane, without regard to the duration or curability of the disease. It is proper to state, however, that idiots or persons affected with mania-a-potu are not considered suitable subjects for this Asylum.

Previous to a patient being taken to the Institution, it is necessary to arrange the rate of board with a Manager, (or if more convenient, with the Superintendent at the Asylum,) to furnish a Certificate of insanity from two or more respectable physicians, accompanied by a request signed by a legal guardian, (or by a relative or friend in case the patient has no guardian) that the individual may be received into the Asylum.

For the payment of board, &c., an agreement must be signed by some responsible persons as sureties, one of whom must reside in or near Philadelphia.

The charge for board includes washing, medicines, medical attendance, &c.

If private attendants are deemed necessary, or desirable, they can at all times be furnished, by a special arrangement with the Superintendent.

The following are the forms for the Request for Admission, for Physicians' Certificates, and for the agreement for the payment of board and charges.

*Request for the Admission of a Patient into the "Friends' Asylum,"  
to be signed by a Guardian, Relative or Friend.*

(State Degree of Relationship, or other circumstances of Connection with the Patient.)

I, the undersigned, hereby request that — — —, an insane person, be received as a patient into the "Friends' Asylum for the Insane," believing that such detention is necessary for his benefit.

Subjoined is a statement respecting the said — — —.

---

Dated this            day of           , one thousand eight hundred and ninety .

To — — —, Superintendent of "Friends' Asylum for the Insane," near Frankford.

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\* Letters sent by Mail to the Asylum, should be directed "Frankford Post Office," Philadelphia.

All letters of inquiry or on business should be addressed to the Superintendent. Small parcels for patients may be left at No. 631 Market Street, Philadelphia.

## CERTIFICATE OF PHYSICIANS.

We, the undersigned, residents of Pennsylvania, hereby certify that we have within one week prior to the respective dates hereinafter mentioned, at \_\_\_\_\_ in the county of \_\_\_\_\_ separately examined \_\_\_\_\_, of \_\_\_\_\_ and do verily believe that the said \_\_\_\_\_ is insane, and that the disease is of a character which, in our opinion, requires that the person shall be placed in a hospital or other establishment where the insane are detained for care and treatment.

We further certify that we have been actually in the practice of medicine for at least five years, and that we are not related by blood or marriage to the said \_\_\_\_\_, nor in any way connected as a medical attendant or otherwise with the hospital, or other establishment in which it is proposed to place the aforesaid.

Signed, \_\_\_\_\_, M. D.

Residencee,

Dated this day of 189

Signed, \_\_\_\_\_, M. D.

Residence,

Dated this day of 189

## CERTIFICATE OF A JUDGE OR MAGISTRATE.

I, \_\_\_\_\_, of \_\_\_\_\_ county, of the State of Pennsylvania, do certify that the foregoing certificate was duly before me, by the above named \_\_\_\_\_, and \_\_\_\_\_, on this day of 189, that the signatures thereto are genuine, and that the signers are Physicians of good standing and repute.

\_\_\_\_\_. [SEAL.]

## LUNACY LAW OF 1883.

The Certificate must be signed by at least two Physicians, and made within one week of the examination of the patient, and within two weeks of the time of the admission of the patient, and shall be duly sworn to or affirmed before a Judge or Magistrate of the Commonwealth of Pennsylvania, and of the County where such person has been examined, who shall certify to the genuineness of the signatures and to the standing and good repute of the signers.

And any person falsely certifying as aforesaid, shall be guilty of misdemeanor, and also be liable civilly to the party aggrieved.

## STATEMENT.

[If any particulars in this statement are not known, the fact to be so stated.]

- 1.—Name of patient, with Christian name at length.
- 2.—Sex and age.
- 3.—Residence for the past year, or so much thereof as is known.
- 4.—Occupation, trade or employment.
- 5.—Parents, if living.
- 6.—Husband or wife.
- 7.—Children.
- 8.—Brothers and sisters, and the residences of each of these persons.
- 9.—If not more than one of these classes is known, the names and residence of such of the next degree of relations as are known.
- 10.—A statement of the time at which the insanity has been supposed to exist, and the circumstances that induce the belief that insanity exists.
- 11.—Name and address of all medical attendants of the patient during the last two years.

Signed, \_\_\_\_\_.

[When the person signing the statement is not the person who signs the order, the following particulars concerning the person signing the statement are to be added, viz :]

Occupation, if any.  
Residence.  
Degree of relationship, if any, or other circumstances of connection with the patient.

**AGREEMENT FOR THE PAYMENT OF BOARD  
AND CHARGES.**

(One of the signers of this Agreement must reside in or near Philadelphia.)

IN CONSIDERATION of the admission of  
as a patient into Friends' Asylum for the Insane, situated near Frank-  
ford, Philadelphia,—We jointly and severally bind ourselves, our heirs,  
executors, administrators and assigns, to pay quarterly, in advance, to  
Superintendent of  
said Institution, or to his assigns or successor in office,  
dollars per week for                    board,—not less than four weeks' board  
to be paid under any circumstances; the said charge for board to be con-  
tinued until                shall be discharged;—but if taken away *uncured*,  
against the advice of the Superintendent, before the end of three calen-

dar months, to pay board for thirteen weeks; *also*, to make compensation for all damages done by \_\_\_\_\_ to the glass, bedding or furniture; *also*, to provide a sufficiency of suitable clothing for use while there, and in case it is not furnished when required, it is agreed that the Superintendent may purchase such as may, in his judgment, be needed, the expense thereof to be a part of this contract and added to the charge for board; *also*, to cause \_\_\_\_\_ to be removed when discharged.

The Managers reserve the right to discharge the said patient from the Institution in case of the non-payment of said board and charges, according to the terms above stipulated.

*Witness our hands and seals this*      *day of*      *A. D. 18*

WITNESS. (L. S.)

(L. S.)

(L, S.)

3

The foregoing preliminaries having been complied with, an order is given authorizing the Superintendent of the Asylum to receive the patient.

*A thorough knowledge of the history of cases of Insanity being important to those concerned in their treatment, the friends of patients applying for admission into the Asylum, are particularly requested, with the aid of the Physicians, to furnish full and explicit answers to the following*

## QUESTIONS.

- 1.—What is the patient's age? Is the patient married or single?  
If children, how many?—*Answer.*
- 2.—Where was the patient born? Where is      place of residence?  
—*Answer.*
- 3.—What have been the patient's occupation, and reputed pecuniary circumstances?—*Answer.*
- 4.—When were the first symptoms of the disease manifested? and in what way?—*Answer.*
- 5.—Have there been one or more previous attacks? and, if so, of what duration, and at what age?—*Answer.*
- 6.—On what subjects and in what way is derangement *now* manifested? Have there been any fixed delusions? Is the patient rational

at intervals? If so, do these intervals occur at regular periods?—*Answer.*

7.—What relatives of the patient, including grand-parents and their descendants, have been insane?—*Answer.*

8.—Has the patient been subject to epilepsy, diseases of the skin, discharges or sores, or any other bodily disease? or has received any injury of the head?—*Answer.*

9.—What derangement of the general health has accompanied the mental disorder?—*Answer.*

10.—Was the patient noted for any eccentricity or peculiarity of temper, habits, disposition or pursuits?—*Answer.*

11.—Is the patient noisy or violent, or disposed to injure or others? If so, in what manner?—*Answer.*

12.—Has the patient ever attempted suicide? If so, in what way? Is there now any propensity of the kind?—*Answer.*

13.—Is the patient addicted to any mischievous practices, such as destroying clothing, breaking glass, furniture, &c.? What are the habits, as regards eating, sleeping and cleanliness?—*Answer.*

14.—Has the patient been addicted to the use of ardent spirits, tobacco, opium, or any other stimulants?—*Answer.*

15.—Has restraint or confinement been resorted to? If so, of what kind, and how long continued?—*Answer.*

16.—What is supposed to be the cause of the disease?—*Answer.*

17.—State the general course of medical and moral treatment which has been pursued, and the effects observed therefrom?—*Answer.*

Please mention any other circumstances which may serve to throw light upon the case.

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#### OF VISITORS TO THE ASYLUM.

When near relations or particular friends of patients, desire to be admitted to see their connections, application must be made to the Superintendent, who may allow such visits, when circumstances will admit.

As the general admission of visitors would be improper and injurious to the patients, no persons, except as above, shall be admitted to the apartments occupied by patients, unless introduced by a Manager; but on application to the Superintendent, they may be shown such parts of the building and appendages as are not so occupied.

In order to preserve quiet on the first day of the week, visiting on any account on that day, either in the house or on the premises, is prohibited, unless under very peculiar circumstances.

## ANNUITIES.

A mode of obtaining contributions by annuities, not much known amongst us, but familiar to Friends in England, has been agreed on by the Corporation. On paying any sum of money to the Treasurer, for the use of the Institution, interest at such rate as may be agreed upon will be paid annually or semi-annually to the annuitant; at whose decease the interest money ceases, and the principal remains the property of the Asylum. This mode will probably be convenient to many who are desirous of promoting the designs of the Institution, and yet do not prefer making any considerable donation during their lifetime.

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## FORMS OF LEGACY.

## I.—FORM OF BEQUEST OF PERSONAL PROPERTY.

I give and bequeath to FRIENDS ASYLU M FOR THE INSANE, the sum of \$ (or other personal property, describing the same.)

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## II.—FORM OF A DEVISE OF REAL ESTATE.

I give and devise to FRIENDS ASYLU M FOR THE INSANE, their successors and assigns, all that (here describe the property.)

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~~At~~ The next Annual Meeting of the Friends' Asylum for the Insane, will be held on Fourth-day, the 18th of Third month, 1891, at half past three o'clock, P. M., in Arch street Meeting-house, Philadelphia.





# FRIENDS' ASYLUM FOR THE INSANE

ESTABLISHED, 1813.

INCORPORATED, 1888.

## REPORTS

OF THE

BOARD OF MANAGERS,

PHYSICIAN IN CHIEF,

TREASURER OF THE CORPORATION.

Presented at the Annual Meeting  
Third month 18th, 1891.

PHILADELPHIA:

PRINTED BY GEORGE H. BUCHANAN AND COMPANY,  
420 Library Street.

## STANDING COMMITTEES.

### EXECUTIVE COMMITTEE.

SAMUEL MORRIS,	THOMAS SCATTERGOOD,
FRANCIS R. COPE,	ALEXANDER C. WOOD,
WILLIAM EVANS,	CHARLES S. TAYLOR.

### FARMING COMMITTEE.

SAMUEL MORRIS,	JOHN H. WEBSTER,
	CHARLES S. TAYLOR.

### FINANCE COMMITTEE.

ELLISTON P. MORRIS,	SAMUEL BIDDLE,
HENRY HAINES,	CALEB WOOD ( <i>Ex-officio</i> ).

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## OFFICERS OF THE INSTITUTION.

### PHYSICIAN-IN-CHIEF AND SUPERINTENDENT.

JOHN C. HALL, M. D.

### ASSISTANT PHYSICIAN.

H. A. TOMLINSON, M. D.

### GYNECOLOGIST

ANNA E. BROOMALL, M. D.,  
No 1411 Walnut St, Philadelphia.

### DIRECTRESS OF GYMNASIUM.

CAROLYN LADD HALL, M. D.

### MATRON.

SARAH H. DUTTON.

## CORPORATION.

### PRESIDENT.

**SAMUEL MORRIS,**

Olney P. O., Philadelphia.

### SECRETARY.

**THOMAS SCATTERGOOD,**

No. 22 North Front Street.

### TREASURER.

**CALEB WOOD,**

No. 524 South Second Street.

## MANAGERS.

JOHN C. ALLEN,	No. 335 S. Fifth St., and No. 119 S. Fourth St.
SAMUEL MORRIS,	near Olney (Twenty-third Ward, Philadelphia).
ELLISTON P. MORRIS,	Germantown, and No. 21 North Seventh St.
FRANCIS R. COPE,	Germantown, and No. 1 Walnut St.
HENRY HAINES,	No. 518 Pine St., and No. 512 Walnut St.
EDWARD BETTLE,	Camden P. O., New Jersey.
JOHN H. WEBSTER,	Kensington and Indiana Avenues, Philadelphia.
WILLIAM EVANS,	Moorestown, N. J., and No. 252 S. Front St.
RICHARD J. ALLEN,	No. 455 Marshall St., and No. 1124 Market St.
THOMAS SCATTERGOOD,	No. 3515 Powelton Ave., and No. 22 N. Front St.
CALEB WOOD,	No. 914 Pine St., and No. 524 S. Second St.
EDWARD BETTLE, JR.,	No. 2007 Chestnut St., and No. 514 Walnut St.
ALEXANDER C. WOOD,	Camden, N. J.
WILLIAM SCATTERGOOD,	West Chester, Pa.
JAMES EMLEN,	Germantown.
GEORGE S. WEBSTER,	Frankford, Philadelphia.
CHARLES S. TAYLOR,	Burlington, N. J. and No. 110 N. Twentieth St.
SAMUEL BIDDLE,	No. 1429 Arch St., and Chestnut and Twelfth Sts.
HOWARD COMFORT,	Germantown, and No. 529 Arch St.
JOEL CADBURY,	No. 1502 Green St., and 1136 Ridge Ave.

### CLERK OF THE BOARD.

**EDWARD BETTLE, JR.,**

No. 514 Walnut Street.

## VISITING COMMITTEES OF THE BOARD.

From 3d month 9th to 4th month 13th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{SAMUEL MORRIS,} \\ \text{FRANCIS R. COPE,} \\ \text{THOMAS SCATTERGOOD.} \end{array} \right.$
From 4th month 13th to 5th month 11th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{EDWARD BETTLE,} \\ \text{WILLIAM SCATTERGOOD,} \\ \text{JAMES EMLEN.} \end{array} \right.$
From 5th month 11th to 6th month 8th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{HENRY HAINES,} \\ \text{SAMUEL BIDDLE,} \\ \text{HOWARD COMFORT.} \end{array} \right.$
From 6th month 11th to 7th month 13th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{JOHN C. ALLEN,} \\ \text{JOHN H. WEBSTER,} \\ \text{GEORGE S. WEBSTER.} \end{array} \right.$
From 7th month 13th to 8th month 10th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{WILLIAM EVANS,} \\ \text{RICHARD J. ALLEN,} \\ \text{CHARLES S. TAYLOR.} \end{array} \right.$
From 8th month 10th to 9th month 14th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{JOHN H. WEBSTER,} \\ \text{CHARLES S. TAYLOR,} \\ \text{JOEL CADBURY.} \end{array} \right.$
From 9th month 14th to 10th month 12th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{SAMUEL MORRIS,} \\ \text{FRANCIS R. COPE,} \\ \text{THOMAS SCATTERGOOD.} \end{array} \right.$
From 10th month 12th to 11th month 9th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{EDWARD BETTLE,} \\ \text{WILLIAM SCATTERGOOD,} \\ \text{JAMES EMLEN.} \end{array} \right.$
From 11th month 9th to 12th month 14th, 1891 . . . . .	$\left\{ \begin{array}{l} \text{HENRY HAINES,} \\ \text{ELLISTON P. MORRIS,} \\ \text{ALEXANDER C. WOOD.} \end{array} \right.$
From 12th month 14th to 1st month 11th, 1892 . . . . .	$\left\{ \begin{array}{l} \text{JOHN C. ALLEN,} \\ \text{RICHARD J. ALLEN,} \\ \text{HOWARD COMFORT.} \end{array} \right.$
From 1st month 11th to 2d month 8th, 1892 . . . . .	$\left\{ \begin{array}{l} \text{WILLIAM EVANS,} \\ \text{SAMUEL BIDDLE,} \\ \text{GEORGE S. WEBSTER.} \end{array} \right.$
From 2d month 8th to 3d month 14th, 1892 . . . . .	$\left\{ \begin{array}{l} \text{ELLISTON P. MORRIS,} \\ \text{ALEXANDER C. WOOD,} \\ \text{JOEL CADBURY.} \end{array} \right.$

The Managers visit the Asylum as above every Seventh-day afternoon.

Seventy-fourth Annual Report of the Board of Managers  
of Friends' Asylum for the Insane.

To the Corporation :

The Managers present herewith their Seventy-fourth Annual Report. The number of patients under care during the year is stated in the report of Dr. John C. Hall, Superintendent, and shows a considerable increase over last year. This may be taken as an evidence that the Institution is in a satisfactory condition and doing good work. In the course of the year, two patients have received the benefits of the Jesse George Free Bed, and two patients the benefits of the Joseph E. Temple Free Bed. The Superintendent and other officers of the institution continue as reported one year ago ; they have given faithful service, and, we believe, with satisfactory results.

The Gymnasium and Employment Hall, given by the Trustees of the Estate of the late Ruth Anna Cope, described in our last report, has been finished and opened for use. Dr. Carolyn Ladd Hall was asked to inaugurate this new feature of our work, and accepted the position of directress of the Gymnasium. A graduate of the Woman's Medical College, Philadelphia, a pupil of Dr. Sargent of Harvard University, and for some years directress of the Gymnasium at Bryn Mawr College, she has peculiar qualifications for the work which she has undertaken. She began on the 10th of Eleventh Month last with a class of women. Before any one was admitted to the class a careful investigation was made as to

her age, parentage, and general health, and she was given a careful physical examination. Those for whom physical exercise was considered advisable were about thirty in number. Some of the attendants were enrolled in the class in order that they might have the benefit of the exercises, and, also, with the view of teaching them so that they can lead classes of the patients.

In the beginning, owing to the great diversity in the strength and development of the different members, only the lightest movements in free gymnastics were given. After a few weeks of this practice, with regular class work three times weekly, special exercises with apparatus were prescribed for each individual, and these have since been carried out daily, and the class work given tri-weekly. The general result has been very gratifying, and in special cases very marked improvement has been made. A class of men has also been formed, after a similar examination by the resident physician, and have been exercised in light and heavy gymnastics. Later on, another physical examination will be made which will be a test of the improvement in muscular and physical developement.

Sarah H. Letchworth, a graduate of the Pennsylvania Museum and School of Industrial Art, has been appointed teacher of the Art Class, which performs its work in a well-lighted room provided for that purpose, in the Gymnasium Building

The Board has had under consideration the propriety of establishing a training school to qualify our attendants, and perhaps others, as nurses for the care of nervous and insane patients. After carefully investigating the subject, it decided, on the recommendation of our Superintendent, to appoint Flora B. Rowe, a graduate

of Dr. Cowle's Training School for Nurses at the McLean Asylum (a branch of the Massachusetts General Hospital), as Head Nurse in charge of the female attendants, and she entered upon her duties in Tenth month last. It is expected that she will have a general supervision of the female patients and attendants. She will give systematic instruction to the latter, so that the Asylum will not only gain in the more thorough and intelligent care of its patients, but the attendants will be schooled so as to render them trained nurses with special reference to nervous cases. A training school for nurses of this class may, in time, be established, if way seems to open for it.

At present, an urgent need of the Asylum is a suitable building for excited patients. The Board desires to establish one such building exclusively for the women patients of this class, and afterwards one for men can be added. For a long time past, there has been a great need felt of such increased accommodation for these women patients. Located in our present building, they are a constant source of disturbance to other patients, and the space at his disposal does not enable Dr. Hall to classify them properly. This matter is, therefore, earnestly submitted to the friends of the Asylum and it is hoped that the means for carrying out this project may be soon furnished. There is probably no other department of the Asylum work which is in more need of strengthening, at the present time, than this.

At a stated meeting of the Board in Fourth Month last, a Committee was appointed to revise the list of members of the Corporation and to propose to a future meeting of the Board the names of suitable Friends to be nominated to the next Annual meeting of the

Corporation for election as members thereof. This Committee has given very careful attention to the subject and as a result has presented a long and carefully-selected list of names, which has been forwarded by direction of the Board to the Annual Meeting for its action. It is believed that this addition to the membership of the Corporation will be of great benefit to it, by increasing the number of those interested in the conduct of the Institution and of those from whom Managers can be appointed.

The Board desires that all members of the Corporation and others interested in the subject may make themselves familiar with the Institution and its methods. An occasional visit to the Asylum will be of interest to such and of advantage to the institution. The situation is healthy, and although close to a large city is retired and rural ; the grounds are attractive, ample in extent, and beautified with flowers and shrubbery, trees and woodland ; they give abundant opportunities for exercise and entertainment out of doors, and the Gymnasium Building furnishes means for indoor employment and exercise. Much care is also taken to provide, in the various wards, suitable amusement and occupation for the patients.

The Asylum was established in the year 1811 by members of the Religious Society of Friends in Pennsylvania and neighboring States. It originated in a concern for the kind and sympathetic treatment of those of their own Society who were deprived of the use of their reason, but has, from an early period in its history, been open to all others who are thus afflicted. Having, from its inception, taken advanced ground in the treatment of the insane, the Institution thus appeals not only to

Friends but to other benevolent and charitable citizens of this community for its support and advancement, and we would commend it to their sympathy and consideration.

A summary of the Treasurer's account for the past year, duly audited by the Committee appointed for the purpose, is herewith submitted. The same Committee have also examined our securities in the custody of the Treasurer and found them correct.

The Annual Report of the Superintendent is submitted herewith and we refer to it for the customary statistics and other information.

On behalf of the Board of Managers,

EDWARD BETTLE, Jr.,  
*Clerk*

Philadelphia,

Third Month 9th, 1891.

## Summary of the Treasurer's Account.

RECEIPTS.	PAYMENTS.
To Cash on hand 3 mo. 1st, 1890 .	\$1,843 26
“ Receipts at the Asylum . . .	77,554 11
“ Income from Investments . . .	4,563 06
“ Assigned Estate of Wm. Kinsey . . .	4,000 00
“ Donations . . . .	3,200 00
“ Trustees of I. V. Williamson's Fund	541 19
	<hr/>
	\$91,701 62
	<hr/>
By Payments at the Asylum . . .	\$77,554 11
“ Investments . . . .	8,128 00
“ Payments Account Trust Funds,	
Free Beds and Annuities . . .	2,757 49
“ Taxes, Water Rents, and Repairs to Real Estate, 6th Ward . . .	625 50
“ Treasurer's Assistant, Janitor and Printing . . . .	226 00
“ Cash on hand 3 mo. 2d, 1891 .	2,410 52
	<hr/>
	\$91,701 62

CALEB WOOD,  
Treasurer.

Examined and found correct.  
Total cash balance on hand being \$2,410.52.  
The securities were also produced, examined, and found correct.

PHILADELPHIA, 3d mo. 5th, 1891.

CHAS. S. TAYLOR,  
WILLIAM SCATTERGOOD, } Auditing Committee.



GYMNASIUM AND EMPLOYMENT BUILDING



## **SUPERINTENDENT'S REPORT.**

To the Board of Managers :

The Seventy-fourth Annual report of the Superintendent of the Asylum is herewith presented, showing the condition and operations of the Institution during the past year.

At the time of the last Report there were one hundred patients upon the list, forty-two of whom were men and fifty-eight women. Twenty-five men and thirty-two women have been admitted since, making one hundred and fifty-seven patients who received the benefit of treatment during the year. There were fourteen men and twenty-six women discharged, and two men and one woman died, thus leaving one hundred and fourteen under the care of the Institution at the present time fifty-one of whom are men and sixty-three are women.

Of those who were discharged, seventeen were restored, seven were much improved, five were improved, and eleven were stationary.

Of those discharged "restored," eight were under care from two to three months, six from four to six months, two for ten months, and one for sixteen months.

The greater number of those who were discharged "stationary" were removed to State Institutions on account of want of means for their support.

One man died from exhaustion in the advanced stage of paresis ; one man who had been under our care for a short time died from hemorrhage of the lungs, and one woman committed suicide.

The following statistical tables have been prepared, presenting the cases which have been under care since the opening of the Institution.

TABLE I.—Showing the number of each sex discharged, their condition at the time of discharge, the number at present in the House, and the whole number since the opening of the Institution.

	MEN	WOMEN	TOTAL
Discharged—Restored, . . . . .	522	496	1,018
"    Much improved, . . . . .	113	119	232
"    Improved, . . . . .	149	154	303
"    Stationary, . . . . .	229	225	454
Died, . . . . .	194	173	367
Remaining, . . . . .	51	63	114
Total, . . . . .	1,258	1,230	2,488

TABLE II.—Showing the duration of Insanity in 2,488 cases so far as recorded.

	MEN	WOMEN	TOTAL
Less than one year, . . . . .	745	738	1,483
From 1 to 5 years, . . . . .	338	301	639
"    5 " 10 " . . . . .	62	84	146
"    10 " 20 " . . . . .	48	44	92
"    20 " 30 " . . . . .	25	23	48
"    30 " 40 " . . . . .	1	12	13
"    40 " 50 " . . . . .	9	10	19
Unknown, . . . . .	30	18	48
Total, . . . . .	1,258	1,230	2,488

TABLE III.—Showing the sex and civil state of 2,488 cases so far as recorded.

	MEN	WOMEN	TOTAL
Single, . . . . .	497	469	966
Married, . . . . .	609	547	1,156
Widowed, . . . . .	66	149	215
Unknown, . . . . .	86	65	151
Total, . . . . .	1,258	1,230	2,488

TABLE IV.—Showing the ages of 2,488 patients at the time of their admission.

	MEN	WOMEN	TOTAL
Under 20 years, . . . . .	75	68	143
From 20 to 30 years, . . . . .	353	312	665
" 30 " 40 " . . . . .	287	301	588
" 40 " 50 " . . . . .	210	223	433
" 50 " 60 " . . . . .	189	164	353
" 60 " 70 " . . . . .	94	93	187
" 70 " 80 " . . . . .	43	53	96
" 80 " 90 " . . . . .	7	15	22
" 90 " 100 " . . . . .	0	1	1
Total, . . . . .	1,258	1,230	2,488

TABLE V.—Showing the residence of 2,488 patients.

Pennsylvania, . . . . .	1,827	Brought forward, . . . . .	2,456
New Jersey, . . . . .	302	South Carolina, . . . . .	4
Maryland, . . . . .	90	Georgia, . . . . .	3
Delaware, . . . . .	63	West Virginia, . . . . .	7
New York, . . . . .	47	Illinois, . . . . .	2
Virginia, . . . . .	33	Texas, . . . . .	3
North Carolina, . . . . .	23	Michigan, . . . . .	1
Ohio, . . . . .	22	California, . . . . .	1
Massachusetts, . . . . .	16	Wisconsin, . . . . .	1
Indiana, . . . . .	5	Mississippi, . . . . .	1
Louisiana, . . . . .	5	Minnesota, . . . . .	1
Missouri, . . . . .	5	Indian Territory, . . . . .	1
Rhode Island, . . . . .	4	Utah, . . . . .	1
Canada, . . . . .	5	Florida, . . . . .	1
Alabama, . . . . .	3	Kansas, . . . . .	1
Dist. of Columbia, . . . . .	4	Kentucky, . . . . .	3
West Indies, . . . . .	2	Colorado, . . . . .	1
Carried forward, . . . . .	2,456		2,488

TABLE VI.—Showing the percentage of recent and chronic cases restored.

	LESS THAN 12 MONTHS	MORE THAN 12 MONTHS	TOTAL
Number Admitted, . . . . .	1,483	1,005	2,488
" Restored, . . . . .	860	148	1,008
Percentage Restored, . . . . .	57.99	14.72	40.51

TABLE VII.—Showing the occupation of 1,258 male patients.

Farmers,	257	Plumbers,	3	FARRIER,	1
Merchants,	82	Coopers,	2	Coachman,	1
Clerks,	105	Segarmakers,	5	Surveyor,	1
Tanners and Curriers,	26	Salesmen,	6	R. R. Employees,	4
Physicians,	28	Potter,	1	Liquor Dealers,	5
Teachers,	16	Shopkeepers,	2	Nailer,	1
Carpenters,	19	Coach Trimmer,	1	Cobbler,	1
Lawyers,	18	Cashier of Bank,	1	Shipsmith,	1
Students,	20	Saddler,	1	Whip Maker,	1
Manufacturers,	21	Engravers,	3	Wood Carver,	1
Druggists,	16	File Cutter,	1	Iron Moulder,	1
Innkeepers,	11	Brush Maker,	1	Gas Fitter,	1
Masons,	15	Dyer,	1	Finisher of Goods,	1
Blacksmiths,	10	Carmen,	5	Fisherman,	1
Operators,	24	Brewer,	1	Miner,	1
Artists,	8	Overseer,	1	Agents,	5
Printers,	15	Hatters,	4	Policemen,	2
Sailors,	4	Gardeners,	3	Furrier,	1
Butchers,	13	Wheelwrights,	3	Architect,	1
Clergymen,	5	Livery Stable Keeper,	1	Janitor,	1
Planters,	3	Contractors,	2	Marble Cutter,	1
Jewelers,	3	Booksellers,	2	Conveyancer,	1
Painters,	8	News Carriers,	4	Ice Dealer,	1
Cabinet Makers,	4	Reporter,	1	Boiler Maker,	1
Tailors,	7	Plasterer,	1	Milkman,	1
Engineers,	5	Tinners,	3	Barber,	1
Brokers,	7	Confectioners,	2	Bricklayer,	1
Shoemakers,	6	Goldbeater,	1	Musician,	1
Laborers,	15	Watchcase Maker,	1	Gentlemen,	3
Publishers,	2	Watchmaker,	1	Ranchman,	1
Machinists,	8	Sexton,	1	Stock Dealer,	1
Dentists,	2	Bookbinders,	2	Optician,	1
Navy Officers,	2	Telegraph Operators	2	Teamster,	1
Grocers,	3	Paperhangers,	3	None,	68
Silversmiths,	2	Bakers,	4	Unknown,	265
Millers,	7	Ship Carpenters,	3	Total,	1,258





FROM THE SUMMER HOUSE—LOOKING SOUTH

TABLE VIII.—Showing the cause of insanity in 1301 cases.

	MEN	WOMEN	TOTAL
Ill-health, . . . . .	81	163	244
Intemperance, . . . . .	131	9	140
Domestic trouble, . . . . .	34	90	124
Puerperal, . . . . .		73	73
Loss of property, . . . . .	38	8	46
Excitement about religion, . . . . .	7	22	29
Organic disease of brain, . . . . .	26	15	41
Anxiety, . . . . .	62	54	116
Disappointment, . . . . .	15	34	49
Masturbation, . . . . .	39	3	42
Epilepsy, . . . . .	28	16	44
Over-exertion, . . . . .	73	36	109
Abuse of opium, . . . . .	6	12	18
Blow on head, . . . . .	29	2	31
Fear, . . . . .	4	4	8
Grief, . . . . .	10	47	57
Old age, . . . . .	10	13	23
Jealousy, . . . . .	2	3	5
Excessive study, . . . . .	3	1	4
Sudden wealth, . . . . .	1	2	3
Insolation, . . . . .	10	2	12
Syphilis, . . . . .	22	2	24
Hardship and exposure, . . . . .	4	0	4
Nostalgia, . . . . .	1	2	3
Use of tobacco, . . . . .	1	3	4
Healing of ulcer, . . . . .	1	0	1
Poison of lead, . . . . .	2	0	2
Extreme pain, . . . . .	1	0	1
Spiritualism, . . . . .	2	1	3
Chorea, . . . . .	0	1	1
Prolonged lactation, . . . . .	0	2	2
Exposure to sun, . . . . .	4	1	5
Paralysis, . . . . .	3	3	6
Excitement, . . . . .	1	0	1
Shock, . . . . .	1	1	2
Uncontrolled passion, . . . . .	1	0	1
Injury to spine, . . . . .	0	1	1
Abortion, . . . . .	0	1	1
Want of occupation, . . . . .	1	0	1
Menopause, . . . . .	0	8	8
Septicemia, . . . . .	0	1	1
Exhaustion, . . . . .	1	1	2
Pneumonia, . . . . .	0	1	1
Cocaine habit, . . . . .	1	0	1
Arrested development, . . . . .	0	1	1
Chronic indigestion, . . . . .	2	0	2
Uterine Disease, . . . . .	0	1	1
Neurasthenia, . . . . .	1	0	1
Laparotomy, . . . . .	0	1	1
Dysmenorrhora, . . . . .	0	1	1
Total, . . . . .	659	642	1,301

During the past year we have had a larger number of recent cases admitted than formerly, which not only indicates continued confidence in the Institution, but shows an appreciation of the advantages to be derived by an early resort to this method of treatment. It is quite common, however, to exhaust all known remedial means at home before attention is directed to a Hospital for relief. Were it not for this mistaken idea on the part of the friends, who shrink from the thought of the removal of the patient in the early stage of the malady, many more cases of incipient insanity might be hopefully treated in an Institution than is possible with the means generally at command in their own houses. The benefit to be derived in removing a patient from his surroundings, in the early stage of this disease, and the restraining influences exerted by coming in contact with strange faces (a fact so often observed in a Hospital) are points, the importance of which cannot be too forcibly dwelt upon. Often does convalescence date from the change thus made.

It is a subject of regret that patients are so frequently brought to the Institution without knowing where they are going, or, what is worse, are told that they are going to some other place. The immediate effect of this deception is irritation, and a feeling of distrust arises in which the friends of the patients and often the officers of the Hospital are included. Patients thus treated often consider themselves victims of a conspiracy to defraud them of their liberty. Honesty in this as in all other matters, is the best policy. No doubt the course above mentioned is taken to save the patient from distress, and others interested from the supposed trouble which might arise, were the facts frankly explained to the patient beforehand.

During the past year we have had to refuse a number of patients on account of want of room.

The great need for more accommodation for our noisy patients continues to be felt, especially on the women's side of the house. A detached building, removed a short distance from the western end of the women's wing, would relieve us very much, and would afford better means for classifying the excited and untidy patients, while leaving more room in the main building for those of the quiet and orderly class.

The privation we sustain in not having a cottage at the sea shore is keenly felt and often mentioned by the convalescent patients. Applications for the admission of mild types of mental disorder are quite frequently made, and the need for such accommodation continues to be noticed even more than formerly.

I can but trust that the attention of those who might be disposed to contribute to the needs of the Asylum, may be so directed as to enable us, at an early day, to furnish the best means for treating all classes of its patients.

With the view of bettering our service in nursing, it was resolved, early in the past summer, to secure the services of a trained nurse, to have the care of the female attendants, and eventually to assist in the course of instructions in a training school which it is my desire may be soon established.

Flora B. Rowe, a graduate of the Training School for Nurses of the McLean Asylum, Sommerville, Mass., was accordingly appointed to this position, and entered upon her duties in the early part of the Tenth Month, 1890. The difficulties that are to be found in the effort to engraft a systematic training school for nurses upon the old Hospital service, made it best to postpone the opening

of such a school, and during the present winter to give preliminary instruction in some of the duties of nurses, with the expectation of commencing a school at as early a day as practicable.

The Gymnasium Building, mentioned in last year's report, has been opened in its several departments, for the use of the patients.

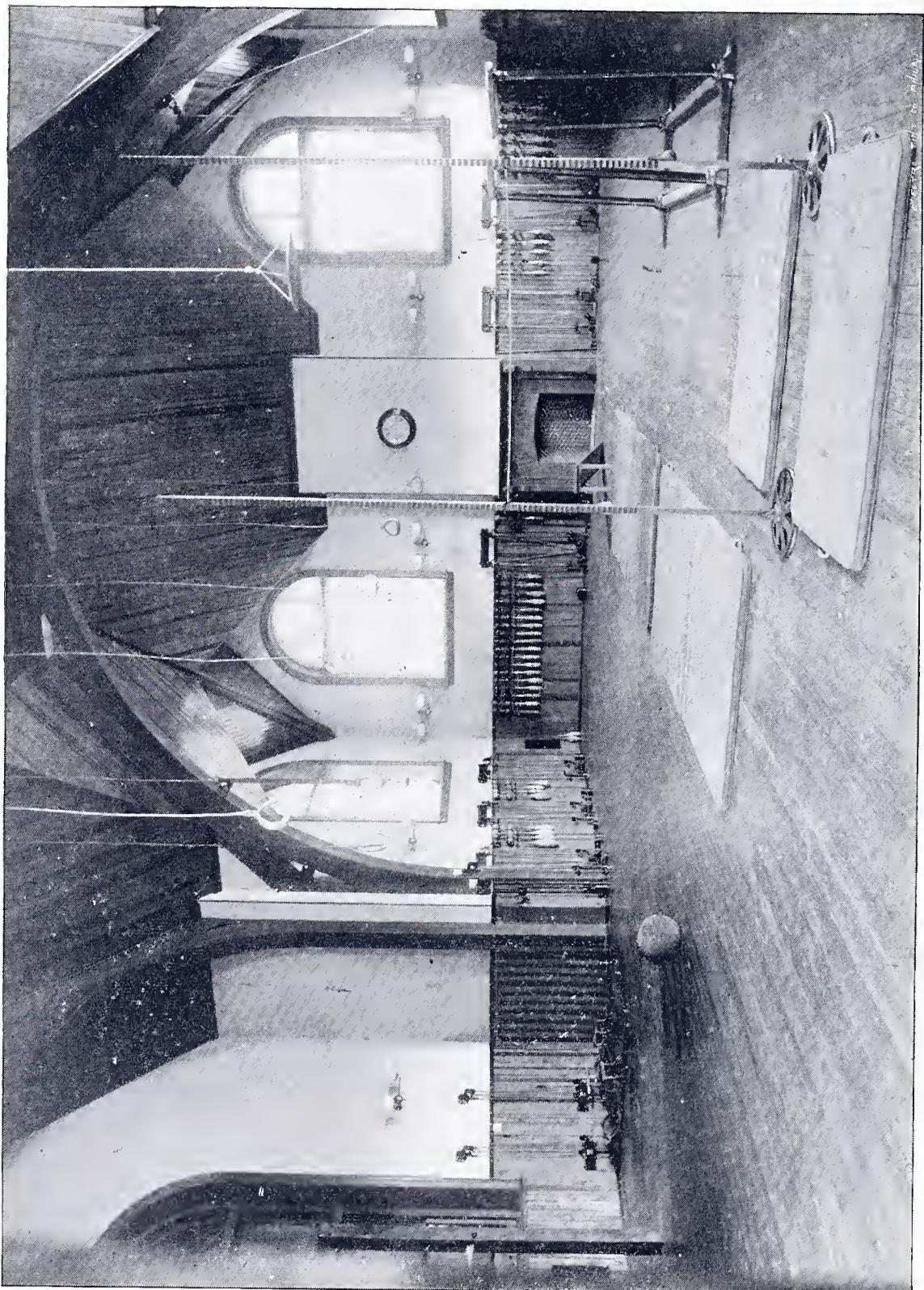
Under the care of Doctor Carolyn Ladd Hall, formerly instructor of physical training at Bryn Mawr College, classes have been conducted in the Gymnasium upon three days of each week.

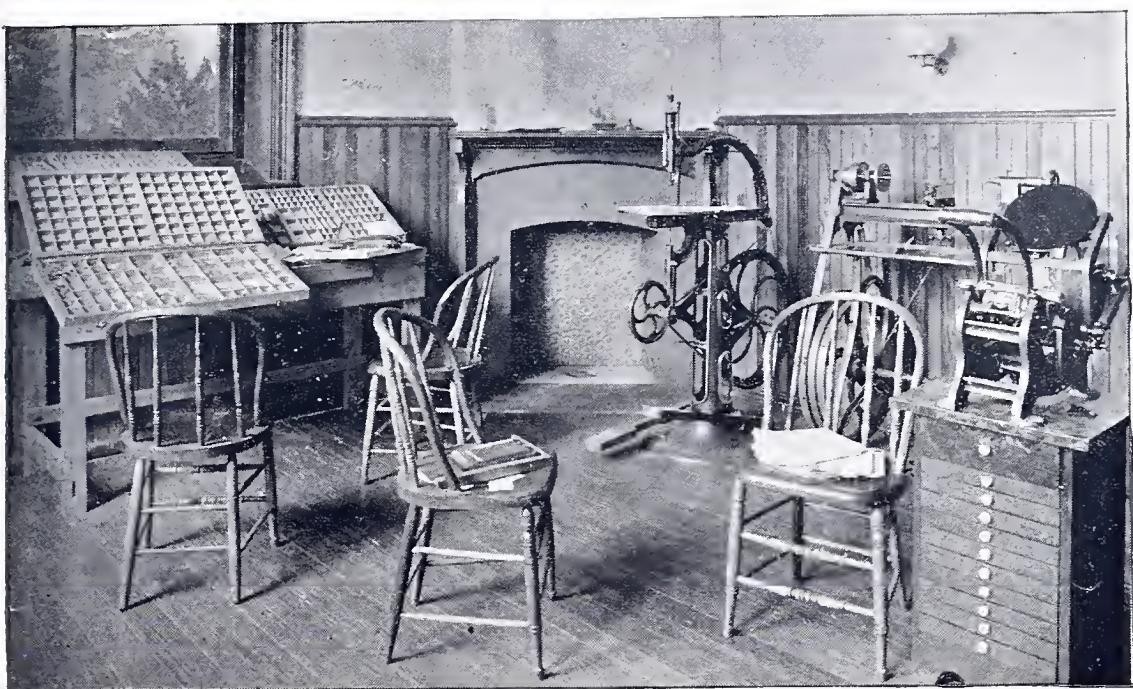
The moral effect observable, as well as the increase of physical vigor, strongly commends this form of exercise and recreation, whilst the general improvement in a few cases has been quite marked. Our classes have been composed of both patients and nurses; the latter will in time be able to conduct such exercise as may be prescribed for individual cases. The great interest manifested by the patients in this new and wholesome occupation, as well as the good results obtained, confirm the wisdom of adding this department to our other means of treatment. Its success has been largely due to the efficiency of Dr. C. L. Hall in organizing the work.

During the winter a class was formed in Art Work, under the instruction and care of Sarah H. Letchworth, a graduate of "The Pennsylvania Museum and School of Industrial Art." The spacious and well-lighted rooms in the first story of the Gymnasium have been devoted to this purpose, and the class has made very commendable progress in drawing, painting in water colors, and modelling in clay. When there shall have been some advance made in this occupation, it is proposed to add carving in wood, and the use of tools.



GYMNASIUM





WORK SHOP



MODELING-ROOM



We have been enabled to diversify our entertainments during the winter months by means of a fund for lectures raised through the special efforts of an interested friend and co-worker. So successful have been these efforts that, during the past year, we have had thirty-two lectures and readings from a number of persons not connected with the Institution, thus affording a greater variety of entertainment and instruction than has ever before been given here within the same period. These occasions have been greatly prized by the patients and officers, as well as by many of our neighbors who have had the opportunity of being present. Many of the lectures have been gratuitous, whilst in all the other entertainments a reduction in the regular charges has been kindly made for our benefit. We wish to express our warm appreciation for all services thus rendered.

The weekly tea parties formerly held have been continued throughout the year and are the means of bringing together both sexes in a social way, and of giving much pleasure. In addition, we have general parties for all who can attend, at different times during the year, in some of which our friends assist at the entertainments provided for the occasion.

The yield last year from the farm and garden was very satisfactory, more ground having been cultivated for raising vegetables than formerly. The advantage of having fresh fruits and vegetables from the home garden cannot be too highly appreciated. An ample supply of milk for the house has also been produced, mostly from our own dairy.

During the past year, additional contributions have been received for the library fund which has enabled us to add new books to our collection. The usual number

of daily papers and periodicals has been supplied and distributed through the house.

There has been no change in the officers during the past year. Dr. H. A. Tomlinson has continued in the position of assistant physician and has discharged his duties with marked faithfulness and ability.

Sarah H. Dutton continues to perform the duties of Matron, having, as heretofore, shown a devotion to her work which has given general satisfaction.

Dr. Anna E. Broomall has visited the Institution when called upon to attend the women patients. During her absence last summer, Dr. Lucy N. Tappan attended for her. Margaret H. Scott has, with a slight intermission, been serving as clerk and stenographer and has shown care and efficiency in the discharge of her duties.

I wish to express my thanks to all the officers and employees who have, with but few exceptions, shown that fidelity to duty which is found in those who are faithful to their trusts.

Trusting that we may be blessed in the future as we have been in the past, and thankful for the wise counsel and aid received from your Board upon all occasions, we enter with confidence upon the work of another year.

Very respectfully,

(Signed) JNO. C. HALL,

*Supt.*

Philadelphia,

Third Month 1, 1891.

### Information Respecting the Admission of Patients into the Asylum\*.

The Institution is open for the reception of all classes of the Insane, without regard to the duration or curability of the disease. It is proper to state, however, that idiots or persons affected with *mania-a-potu* are not considered suitable subjects for this Asylum.

Previous to a patient being taken to the Institution, it is necessary to arrange the rate of board with a Manager (or if more convenient, with the Superintendent at the Asylum); to furnish a certificate of insanity from two or more respectable physicians, accompanied by a request signed by a legal guardian (or by a relative or friend in case the patient has no guardian), that the individual may be received into the Asylum.

For the payment of board, etc., an agreement must be signed by at least two responsible persons as sureties, one of whom must reside in or near Philadelphia.

The charge for board includes washing, medicines, medical attendance, etc.

If private attendants are deemed necessary or desirable, they can at all times be furnished by a special arrangement with the Superintendent.

The following are the forms for the request for admission, for physicians' certificates, and for the agreement for the payment of board and charges.

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#### Request for the Admission of a Patient into the "Friends' Asylum," to be Signed by a Guardian, Relative or Friend.

(State degree of relationship or other circumstances of connection with the patient)

I, the undersigned, hereby request that , an insane person, be received as a patient into the "Friends' Asylum for the Insane," believing that such detention is necessary for h benefit.

Subjoined is a statement respecting the said .

Signed.

Dated this day of , one thousand eight hundred and ninety .

To , Superintendent of "Friends' Asylum for the Insane," near Frankford.

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\* Letters sent by mail to the Asylum, should be directed Frankford Post Office, Philadelphia.

All letters of inquiry or on business, should be addressed to the Superintendent. Small parcels for patients may be left at No. 631 Market Street, Philadelphia.

### Certificate of Physicians.

We, the undersigned, residents of Pennsylvania, hereby certify, that we have within one week prior to the respective dates hereinafter mentioned, at \_\_\_\_\_, in the county of \_\_\_\_\_, separately examined \_\_\_\_\_, of \_\_\_\_\_, and do verily believe that the said \_\_\_\_\_ is insane, and that the disease is of a character, which in our opinion, requires that the person shall be placed in a hospital or other establishment where the insane are detained for care and treatment.

We further certify that we have been actually in the practice of medicine for at least five years, and that we are not related by blood or marriage to the said \_\_\_\_\_, nor in any way connected as a medical attendant or otherwise with the hospital or other establishment in which it is proposed to place the aforesaid.

Dated this _____ day of _____, 189_____	Signed, Residence,	M. D.
	Signed, Residence,	M. D.

### Certificate of a Judge or Magistrate.

I, \_\_\_\_\_, of \_\_\_\_\_ County, of the State of Pennsylvania, do certify that the foregoing certificate was duly \_\_\_\_\_ before me, by the above-named \_\_\_\_\_, and \_\_\_\_\_, on this \_\_\_\_\_ day of 189\_\_\_\_\_, that the signatures thereto are genuine, and that the signers are physicians of good standing and repute.

[SEAL.]

### Lunacy Law of 1883.

The certificate must be signed by at least two physicians, and made within one week of the examination of the patient, and within two weeks of the time of the admission of the patient, and shall be duly sworn to or affirmed before a Judge or Magistrate of the Commonwealth of Pennsylvania, and of the county where such person has been examined, who shall certify to the genuineness of the signatures and to the standing and good repute of the signers.

And any person falsely certifying as aforesaid, shall be guilty of misdemeanor, and also be liable civilly to the party aggrieved.

### **Statement.**

If any particulars in this statement are not known, the fact to be so stated

1. Name of patient, with Christian name at length.
2. Sex and age.
3. Residence for the past year, or so much thereof as is known.
4. Occupation, trade or employment.
5. Parents, if living.
6. Husband or wife.
7. Children.
8. Brothers and sisters, and the residences of each of these persons.
9. If not more than one of these classes is known, the names and residence of such of the next degree of relations as are known.
10. A statement of the time at which the insanity has been supposed to exist, and the circumstances that induce the belief that insanity exists.
11. Name and address of all medical attendants of the patient during the last two years.

Signed,

(When the person signing the statement is not the person who signs the order, the following particulars concerning the person signing the statement are to be added, viz.:)

Occupation, if any.

### Residence.

Degree of relationship, if any, or other circumstances of connection with the patient.

### Agreement for the Payment of Board and Charges.

One of the signers of this agreement must reside in or near Philadelphia.

In consideration of the admission of as a patient into  
"Friends' Asylum for the Insane," situated near Frankford, Philadelphia,  
we jointly and severally bind ourselves, our heirs, executors, administrators  
and assigns, to pay quarterly, in advance, to  
Superintendent of said Institution, or to his assigns or successor in office,  
dollars per week for board, not less than four weeks'  
board to be paid under any circumstances; the said charge for board to be  
continued until shall be discharged; but if taken away *uncured*  
against the advice of the Superintendent, before the end of three calendar  
months, to pay board for thirteen weeks; also, to make compensation for  
all damages done by to the glass, bedding or furniture;  
also, to provide a sufficiency of suitable clothing for use while there,  
and in case it is not furnished when required, it is agreed that the Superin-

tendent may purchase such as may, in his judgment, be needed, the expense thereof to be a part of this contract, and added to the charge for board; *also*, to cause to be removed when discharged.

The Managers reserve the right to discharge the said patient from the Institution in case of the non-payment of said board and charges, according to the terms above stipulated.

*Witness* our hands and seals this                  day of                  A. D., 189

WITNESS,  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
(L. S.)  
(L. S.)  
(L. S.)

The foregoing preliminaries having been complied with, an order is given authorizing the Superintendent of the Asylum to receive the patient.

*A thorough knowledge of the history of cases of insanity being important to those concerned in their treatment, the friends of patients applying for admission into the Asylum are particularly requested, with the aid of the physicians, to furnish full and explicit answers to the following*

## Questions.

1. What is the patient's age? Is the patient married or single? If children, how many?—*Answer.*
2. Where was the patient born? Where is the place of residence?—*Answer.*
3. What have been the patient's occupation and reputed pecuniary circumstances?—*Answer.*
4. When were the first symptoms of the disease manifested, and in what way?—*Answer.*
5. Have there been one or more previous attacks, and if so, of what duration and at what age?—*Answer.*
6. On what subjects and in what way is derangement now manifested? Have there been any fixed delusions? Is the patient rational at intervals, if so, do these intervals occur at regular periods?—*Answer.*
7. What relatives of the patient, including grand-parents and their descendants, have been insane?—*Answer.*
8. Has the patient been subject to epilepsy, diseases of the skin, discharges or sores, or any other bodily disease, or has he received any injury of the head?—*Answer.*

9. What derangement of the general health has accompanied the mental disorder?—*Answer.*

10. Was the patient noted for any eccentricity or peculiarity of temper, habits, disposition or pursuits?—*Answer.*

11. Is the patient noisy or violent, or disposed to injure or others? If so, in what manner?—*Answer.*

12. Has the patient ever attempted suicide? If so, in what way? Is there *now* any propensity of the kind?—*Answer.*

13. Is the patient addicted to any mischievous practices, such as destroying clothing, breaking glass, furniture, etc.? What are the habits, as regards eating, sleeping and cleanliness?—*Answer.*

14. Has the patient been addicted to the use of ardent spirits, tobacco, opium, or any other stimulants?—*Answer.*

15. Has restraint or confinement been resorted to? If so, of what kind, and how long continued?—*Answer.*

16. What is supposed to be the cause of the disease?—*Answer.*

17. State the general course of medical and moral treatment which has been pursued, and the effects observed therefrom?—*Answer.*

Please mention any other circumstances which may serve to throw light upon the case.

### Of Visitors to the Asylum.

When near relations or particular friends of patients desire to be admitted to see their connections, application must be made to the Superintendent, who may allow such visits, when circumstances will admit.

As the general admission of visitors would be improper and injurious to the patients, no persons, except as above, shall be admitted to the apartments occupied by patients, unless introduced by a Manager; but, on application to the Superintendent, they may be shown such parts of the building and appendages as are not so occupied.

In order to preserve quiet on the first day of the week, visiting on any account on that day, either in the house or on the premises, is prohibited, unless under very peculiar circumstances.

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### Annuities.

A mode of obtaining contributions by annuities, not much known amongst us, but familiar to Friends in England, has been agreed on by the Corporation. On paying any sum of money to the Treasurer, for the use of the Institution, interest at such rate as may be agreed upon will be paid annually or semi-annually to the annuitant; at whose decease the interest money ceases, and the principal remains the property of the Asylum. This mode will probably be convenient to many who are desirous of promoting the designs of the Institution, and yet do not prefer making any considerable donation during their lifetime.

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### Forms of Legacy.

#### I. Form of bequest of personal property.

I give and bequeath to FRIENDS' ASYLUM FOR THE INSANE, the sum of  
\$ \_\_\_\_\_ (or other personal property, describing the same.)

#### II. Form of a devise of real estate.

I give and devise to FRIENDS' ASYLUM FOR THE INSANE, their successors and assigns, all that \_\_\_\_\_ (here describe the property).

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 The next Annual Meeting of the Friends' Asylum for the Insane, will be held on Fourth-day, the 16th of Third month, 1892 at half past three o'clock, P. M., in Arch Street Meeting-house, Philadelphia.

## REPORTS

# Friends' Asylum for the Insane

1891

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